

Mein Team

Ruedi: mein Schatz

Crossfit-Coach

Benny Roser, Crossfit Lörrach



crossfitloerrach.de

Ernährungs-Coach

Marco Crüzer



www.kraftplatz.gmbh

Physio

Ricky Weissmann



Physiotherapie
Sport- & Herzrehabilitation
Fitness-Training

www.physio-neuhof.ch

Mental-Coach

Patrick Altendorfer



Mental Coaching

www.patrickaltendorfer-coaching.ch

Sponsor

Chrigel Utzinger



IT-Spezialist

Kevin Rechsteiner

kevinrechsteiner.com

Weightlifting-Coach

Florian Gottstein

FLO[W]Lifting

flowlifting.ch

Crossfit-Coach 2019–2023



Moaz El Sayed
